

Grading Syllabus

9th Kyu - White Belt, Black Tabs

9th Kyu Syllabus		
Description	Student's Notes	Instructor's Comments
Training:		
Dojo Bowing		
Dojo Attitude and Etiquette		
Stances:		
Yoi - Ready Stance		
Seiza - Kneeling		
Naihanchi Dachi - Horse Riding Stance		
Hand Techniques:		
Rising Block		
Inside Block		
Outside Block		
Lower Parry		
Straight Punch		
Kicking Techniques:		
Lower Front Snap Kick		
Middle Front Snap Kick		
琉球拳法唐手		

Grading Syllabus 8th Kyu - Yellow Belt

8th Kyu Syllabus

Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Stances:		
Seisan - <i>Forward Leaning Stance</i>		
Exercises:		
3 Step Sparring		
Kicking Kata		

琉球拳法唐手

Grading Syllabus 7th Kyu - Orange Belt

7th Kyu Syllabus

Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Stances:		
Kyotsuke - Attention Stance		
Kata:		
Naihanchi Shodan		

琉球拳法唐手

Grading Syllabus 6th Kyu - Purple Belt

6th Kyu Syllabus

Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Kata:		
Naihanchi Nidan		

琉球拳法唐手

Grading Syllabus 5th Kyu - Blue Belt

5th Kyu Syllabus

Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Kata:		
Naihanchi Sandan		

琉球拳法唐手

Grading Syllabus 4th Kyu - Green Belt

4th Kyu Syllabus

Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Stances:		
Neko Ashi - Cat Stance		
Kata:		
Tiger		

琉球拳法唐手

Grading Syllabus 3rd Kyu - Brown Belt

3rd Kyu Syllabus		
Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Kata:		
Bo Kihon		

古武館
琉球拳法唐手

Grading Syllabus

2nd Kyu - Brown Belt, 1 Black Tab

2nd Kyu Syllabus		
Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Kata:		
Passai		
		

Grading Syllabus

1st Kyu - Brown Belt, 2 Black Tabs

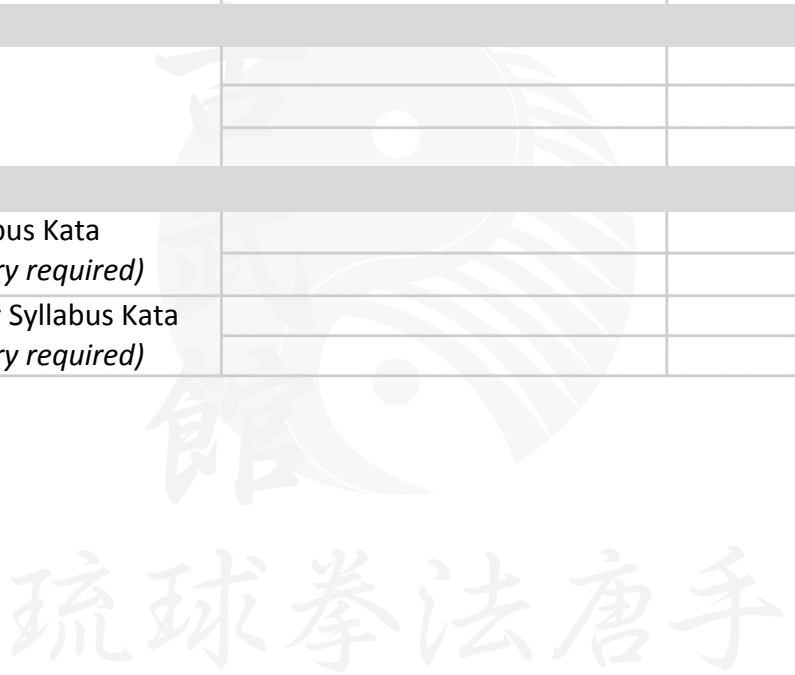
1st Kyu Syllabus

Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Kata:		
Kusanku		

古武館
琉球拳法唐手

Grading Syllabus

Shodan - 1st Degree Black Belt

Shodan		
Description	Student's Notes	Instructor's Comments
Training:		
Complete Uniform		
Dojo Attitude and Etiquette		
Katas:		
9th - 1st Kyu Syllabus		
Bunkai:		
1 Bunkai from any Syllabus Kata <i>(No pressure point theory required)</i>		
1 Bunkai from any other Syllabus Kata <i>(No pressure point theory required)</i>		
		

Grading Syllabus Shodan Certified - 1st Degree Black Belt

Shodan Certified		
Description	Student's Notes	Instructor's Comments
Training:		
Dojo Attitude and Etiquette		
Katas:		
Naihanchi Shodan Kuzushi		
2nd Weapons Kata		
Bunkai:		
1 Bunkai from Naihanchi Shodan Kuzushi		
1 Bunkai from any other Syllabus Kata (No pressure point theory required)		
Additional for Merit (Above Syllabus plus):		
Katas:		
Dragon or Monkey		
Bunkai Theory:		
Yin/Yang Quadrant theory (In the Bunkai listed above)		
Additional for Honours (Above Syllabus plus):		
Instructing:		
Regularly helping teach in the classes		